

## Research on Classroom Innovation of Dance Art Teaching in Colleges and Universities in the New Era

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**Abstract:** Under the background of the new era, classical dance teaching, as an important part of dance teaching in higher vocational colleges, is not only the representative of dance teaching level in higher vocational colleges, but also the way to inherit Chinese excellent traditional culture. This paper discusses the practical significance of Chinese classical dance teaching in the new era, analyzes the teaching mode of higher vocational colleges, expounds the problems and shortcomings of classical dance teaching mode in higher vocational colleges, and puts forward the development path of reform and innovation, hoping to provide some reference for the reform and innovation of Chinese classical dance teaching in Higher Vocational Colleges and promote the inheritance and development of traditional culture.

### 1. Introduction

Classical dance originated from folk dance and was founded in the 1950s. At the beginning of its establishment, it was called “dance in Chinese opera”. After the processing and creation of dancers, a dance with a certain classical style has been formed. Classical dance is not only full of nationality, but also has distinct classical aesthetic characteristics in its history and culture. With the development and progress of society, classical dance, as an important course in dance teaching, is booming in higher vocational colleges. In the new era, the state pays more and more attention to the development of socialist cultural undertakings, and it is more and more important to inherit and develop national excellent traditional culture. However, there are still many deficiencies in classical dance teaching in higher vocational colleges. This paper studies the reform and innovation of Chinese classical dance teaching in higher vocational colleges, and explores the effective ways of reform and innovation.

### 2. The Significance of Chinese Classical Dance Teaching in Higher Vocational Colleges in the New Era

#### 2.1. Fitting the requirements of core values of socialism with Chinese characteristics for a new era

Educators should adhere to the socialist core value system, enhance cultural self-confidence and promote the prosperity of socialist culture. As an important part of socialist dance literature and art with Chinese characteristics in the new period, Chinese classical dance is another form and expression of the survival of Chinese classical culture. It has distinct Chinese cultural characteristics and is rooted in traditional culture. Although Chinese classical dance is only a specific concept, its connotation reflects the distinctive Chinese national characteristics, characteristics of the times and national spirit. It not only reproduces the ancient classical dance, but also inherits the aesthetics of Chinese classical culture from generation to generation. After more than half a century of development, with the rapid development of the new era, classical dance not only has the charm, charm and aesthetics of traditional classical dance, but also injects the new elements and characteristics of the new era appreciated by modern people. The reform and innovation of Chinese classical dance teaching in Higher Vocational Colleges in the new era are in line with the core values of socialism with Chinese characteristics in the new era, can promote the development of

culture and art, inherit and carry forward Chinese traditional culture, and meet the aesthetic requirements of the people for Chinese classical traditional culture in the new era.

## **2.2. Inheriting and carrying forward the fine traditional Chinese culture**

Chinese classical dance contains profound Chinese excellent traditional culture. Carrying out classical dance teaching in higher vocational colleges is helpful to improve students' historical quality and humanistic quality. Students learn about the relevant history and culture by learning classical dance, feel the rhythm beauty of classical dance through body movements, sink into flashing, turning, moving and other movements, experience the charm beauty of classical dance, integrate the external form and internal spirit of classical dance, and experience the unique charm of Chinese traditional culture. In addition, students will also take such national feelings into the cause of classical dance teaching and promotion, and drive more people to participate in the inheritance of traditional culture(2018,Zhang Qiong).

## **2.3. Improving the comprehensive cultural and artistic quality of classical**

Dance teaching pays special attention to the training of students' basic skills, which can better help students lay a solid dance foundation and enhance their physique. After a long accumulation and cohesion, the dance movements of classical dance have rich cultural heritage and created ever-changing dance images. Let students learn and understand the traditional culture of the Chinese nation while feeling the fresh vitality of classical dance, lay a good cultural and emotional foundation for learning dance in the future, and improve their comprehensive artistic quality. Moreover, students not only master the unique style and charm of classical dance, but also practice dance skills, exercise their thinking, creativity and imagination, and improve their aesthetic consciousness. Therefore, the study of classical dance is an effective way to improve students' comprehensive cultural and artistic literacy.

## **3. Present Situation of Chinese Classical Dance Teaching in Higher Vocational Colleges**

### **3.1. Teaching means innovation is insufficient**

In the context of the new era, backward teaching methods are the main problems in the current classical dance teaching. The common classical dance teaching methods are divided into basic teaching, practical teaching and style teaching. It has played a certain role in promoting the teaching of classical dance, which is scientific and reasonable. However, with the progress of the times and the change of students' thinking mode, the innovation of teaching mode has not received due attention. It can not fully mobilize students' independent inquiry ability, nor can it stimulate students' learning and creative enthusiasm. At present, many modern teaching methods have not been fully utilized, resulting in teaching still staying in the framework of traditional teaching mode.

### **3.2. The dance curriculum is not reasonable**

There are some irrationalities in the curriculum of classical dance teaching in higher vocational colleges, such as the curriculum can not meet the actual needs of students; In teaching, teachers pay attention to practical teaching and despise theoretical teaching. The teaching process of theory course is too much and does not pay attention to enriching the teaching content, which can not meet the needs of students and improve students' interest in learning, resulting in the lack of students' theoretical knowledge. Although the teaching characteristic of higher vocational colleges is to pay attention to practical teaching and employment oriented, it is incorrect to only carry out basic training without cultural edification from the perspective of inheriting classical dance culture. Therefore, it is still necessary for higher vocational colleges to provide students with training courses in cultural theory and artistic literacy.

### **3.3. Students' subjective initiative is not good**

At the beginning of enrollment in higher vocational colleges, students' basic dance skills and learning ability are not very strong. Some students have never even touched dance. In addition,

influenced by life background, interest, personality and other factors, students' comprehensive ability is uneven. Classical dance learning has a strong professionalism and style. Classical dance works also have profound cultural heritage, involving music, literature, opera, martial arts and other categories. However, most students have poor subjective initiative, do not form the habit of autonomous learning, do not pay attention to the accumulation of daily knowledge, and lack of understanding of the works before learning dance. These are not conducive to the development of teaching work, but also affect students' understanding of dance. In teaching, some teachers do not take the students as the main body, but personally perform the dance repeatedly, and gradually correct the actions when the students imitate, so as to achieve the effect of "replication". In this process, teachers ignore the cultivation of students' ability to actively construct knowledge. Independent observation and discovery, active exploration and practice will deepen students' mastery of classical dance, help them give full play to their artistic imagination and creativity, and deduce body language according to their emotional cognition. In addition, the consolidation of classical dance after class is also very important. Only diligent practice can achieve the level of internal and external integration, and most students lack extracurricular practice.

#### **4. Reform and Innovation of Chinese Classical Dance Teaching Mode in Higher Vocational Colleges**

##### **4.1. Strengthen students' confidence in dance learning**

Dance is an important carrier to express emotion and thought. Self confidence is an important foundation for the beauty of dance. With self-confidence, students can show your posture and dance posture more freely. On the contrary, if you stand on tiptoe and are timid, the whole dance will make the audience play and can not effectively resonate with the audience. In the initial stage of college dance course, teachers need to strengthen students' dance psychological construction, help and enhance students' confidence in learning dance. In fact, many students like dancing, but they feel that they have no dancing foundation or poor dancing posture, so they dare not dance. Therefore, teachers should encourage students to make bold attempts, actively discover and tap each student's dance potential, and help students find appropriate dance types. Strengthening psychological construction and enhancing students' confidence in learning dance is not only the first lesson in dance teaching in Colleges and universities, but also a very important lesson. For many students, opening the door of dance art is an important key.



Figure 1 The soul of dance "confidence".

##### **4.2. Strengthen students' interest in dance learning**

Only through real visual impact can we ignite the flame of dance in students' hearts. Teachers can scientifically select dance videos that students are interested in, such as favorite idol stars, excellent dancers, classic dance clips, and even red string dance videos on the Internet, so as to

stimulate students' interest in learning dance(2018,Ning Jing). College students have their favorite stars and idols(see Figure 2 below). Therefore, teachers need to scientifically consider students' dance learning needs and reasonably select dance videos that students are interested in. In fact, many students are interested in dancing, and the most important strength comes from their love for idols. Many students like to imitate the dance movements of their favorite idols and practice them repeatedly in rhythm. Therefore, in dance teaching, teachers should also help students find dance idols in their hearts. Only with idols and clear learning goals can they effectively stimulate and enhance their interest in learning. In class, dance videos are used to stimulate students' enthusiasm for learning dance. After class, you can share more dance videos loved by students, so that students can watch and imitate learning, so as to effectively maintain students' learning enthusiasm. Because dance needs a long-term learning process and requires students to adhere to hard study and continuous challenges. Only by allowing students to contact more favorite dances, in order to maintain students' learning interest and enthusiasm for a long time. At the same time, teachers should pay attention to controlling the length and difficulty of the shared video, guide students from simple to difficult, and gradually strengthen the learning and training of independent dance. In addition, teachers can also discuss and learn popular online dance videos with students, activate classroom teaching content and teaching atmosphere, enhance students' interest in learning dance, and effectively maintain students' enthusiasm in learning dance.



Figure 2 Dance show.

#### 4.3. Using “micro class” or “flipped class”

“Flipped classroom” is a relatively innovative teaching model, which can effectively improve students' independent inquiry ability, and is widely welcomed by colleges and universities. According to the arrangement of teaching tasks, teachers can record micro videos before the start of the new course, or use the excellent videos recorded by other teachers for students' Extracurricular viewing. Through the teaching video, after students have a certain understanding of the new knowledge, they can carry out online autonomous learning according to the tasks assigned by the teacher to expand their knowledge, such as understanding the historical and cultural background, or the characteristic forms and movements of classical dance learned in the next class. Teachers can answer students' questions online. In class, teachers will have more time to guide students, arrange teaching according to students' learning feedback, pay attention to places difficult for students to understand, and help them practice more difficult dance movements. The rational and ingenious use of “flipped classroom” will change students' learning methods to a certain extent, enhance students' desire for autonomous learning, and greatly promote inquiry teaching.

#### 5. Conclusion

Chinese classical dance is an important part of the inheritance of Chinese culture. There are some problems in classical dance teaching in higher vocational colleges, such as insufficient

innovation, unreasonable curriculum, lack of appropriate teaching materials, poor students' subjective initiative and so on. Therefore, this paper puts forward the reform and innovation ways of Chinese classical dance teaching in Higher Vocational Colleges from the aspects of improving the quality of classroom teaching, innovating teaching means, absorbing excellent artistic and cultural elements and building an independent inquiry classroom, so as to improve the teaching level of Chinese classical dance in higher vocational colleges, so as to make the younger generation respect and inherit the tradition in a wider range, And actively carry forward the excellent traditional culture of the Chinese nation.

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